Who are you today?

Write an honest evaluation of the life you are experiencing today. Begin by asking these Big Life Questions: 1. What was your life like yesterday? 2. How did you feel when you woke up this morning? 3. What do you want most out of life? 4. What drives you? 5. What are your personal values and priorities? 6. What is your purpose in life? 7. What would bring your life more happiness and meaning?

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